

**BOTTOM LINE WITH GOD'S WORD  
FOR MEN #19**

**Theme: Eggs.....and Love**

**Scripture: Galatians 5:22-23 (HCS)**

*“But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faith, gentleness, self-control.....”*

**A Thought:**

**She was tired. I was tired. It is now eight in the evening and we both experienced a long day of activities....all due to preparations for the annual visit of my missionary son and his family. Our desire was to provide them with great food, comfortable setting and for our two granddaughters loads of fun things to do. I had just returned from the market with baking items for chocolate chip cookies. I placed them on the kitchen counter and I mentioned to my wife - “Alright, I’m off to ride my bike.” Calmly, she replied, “Where are the eggs?” My response, “What? I forgot the eggs!” My bike ride has been delayed...I’m tired and I’m irritated. Without looking her way and with a brash tone....”Okay, I’ll go, ok, I’ll go get the eggs!” I head out the back door and into the garage...off I go for the forgotten eggs. Ten minutes later I’m placing the carton of eggs on the kitchen counter. No wife in sight. A minute or two later she walks in with a another dozen eggs. Whoa? A few words (not so nice) ensued...well, you know the rest of the scene. It was her fault....just kidding. No, I am embarrassed to say that my temper got the best of me. I do not want to go into the details suffice to say I was not a nice person. With a calm spirit my wife continued baking the cookies. A few minutes of stupidity on my part all due to one more trip to the market for eggs. The next morning my body is tired and my spirit is dark like the java I’m preparing. My movements are quiet trying my best not to make noise...so that she could have an extra of hour of sleep. A few minutes later we bump into each other in the hallway - A quick glance her way - she looks at me and smiles....I give her a warm hug and whisper in her ear...”I’m sorry.” Something to ruminate on....Ephesians 4:26 (NLS)  
*“And don’t sin by letting anger control you; Don’t let the sun go down while you are still angry.”***

**Now....what are your thoughts? Write them down.**

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**Talk to yourself:**

- How often have you been angry with your spouse or love one and let the evening slip by?
- Have you been able to apologize even when you think you are right?
- Is your personality tranquil or chaotic?
- What is your comfort level in the midst of an argument?

**Scriptures to read:**

- Galatians 5:22-23; Ephesians 4:26; Ephesians 4:32; 1Col. 13:4; James 1:19;
- Proverbs 3:13; Proverbs 5:18; Proverbs 12:18; Proverbs 15:4

**Quote: C.S. Lewis, Author and Christian Scholar (Brainy Quote)**

*“A man who is eating or lying with his wife or preparing to go to sleep in humility, thankfulness and temperance is by Christian standards, in an infinitely higher state than one who is listening to Bach or reading Plato in a state of pride.”*

**Bottom Line:**

**In one of my recent Bottom Lines I wrote about the One Minute syndrome. Meaning how much trouble we can experience in one minute by way of a smarty remark, impatience and or anger. Sadly, it seems I have to reread my own devotion. I should have digested my own material and gently placed the scriptures in my heart. Well, I didn't. Hence, another lesson I should remember and LEARN! Hmm...does this sound familiar gents?**

**NOW.....THAT'S THE BOTTOM LINE.**

**Spiritual Dabbler, Your bro, Ray**

